

PLAN WELL, LIVE WELL: NAVIGATE YOUR SENIOR YEARS



FREE monthly community speaker series for senior citizens, families and caregivers.

Each month experts will share insights and field questions on topics of interest to area seniors.

Family Caregivers and Dementia
Speaker: Beth Parker O'Brien and Ray Van Horn

Wednesday, January 25, 2017 at 12:30pm
St. Marks, 100 Peach Blossom Lane, Easton, MD

Light refreshments will be served. Seating is limited
Call Talbot Senior Center at 410-822-2869 to RSVP by 1/18

Sponsored by Talbot County Commission on Aging and Chesapeake College.
Watch for information for March 2017, Self-Advocacy in Healthcare.